



# Sailing Instructions

## Rock the Ice Regatta

Jan. 28-29, 2023

Corinthian Sailing Club

Dallas, TX

### 1. RULES

- A. Dallas Laser Fleet is the Organizing Authority.
- B. The event will be governed by the rules as defined in the Racing Rules of Sailing 2021-2024.
- C. If there is a conflict between languages, the English text will take precedence.

### 2. SAILING INSTRUCTIONS

- A. The sailing instructions (SIs) will be posted on the online website ([www.dallaslaserfleet.org](http://www.dallaslaserfleet.org)) no less than 10 days before the first scheduled race. Printed copies will be available at the check-in.
- B. Changes to the SI after the skippers' meeting will be posted at the CSC Clubhouse notice board only.

### 3. COMMUNICATION

- A. The CSC Notice Board shall be the windows near the french doors at the main clubhouse.
- B. Any changes to the NOR or SI will be posted online at [www.dallaslaserfleet.org](http://www.dallaslaserfleet.org) before the skippers' meeting.
- C. There shall be no cellular or radio communications among competitors with coaches or spectators while racing.

### 4. SIGNALS MADE ASHORE

- A. Signals made ashore will be displayed on the yardarm at the clubhouse
- B. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in race signal AP.

## 5. ELIGIBILITY AND ENTRY

- A. The event is open to all skippers of boats that are class legal by the International Laser Class Association Class.
- B. Classes to be sailed include ILCA 7, ILCA 6, ILCA 4.
- C. Skipper may join the class during check-in.
- D. Registration can be made online at [www.dallaslaserfleet.org](http://www.dallaslaserfleet.org). Registration can also be made in person at the check-in desk before the skippers' meeting.

## 6. FEES

- A. Entry Fee is \$100.
- B. Regatta shirt size may not be guaranteed if not registered by Jan. 13, 2023.
- C. Late Entry Fee of \$15 will be applied if registration is not made before Jan. 21, 2023.
- D. Entry Fee includes:
  - regatta shirt
  - breakfast, lunch, dinner on Saturday
  - breakfast and leftovers for lunch on Sunday
- E. Additional meal ticket can be purchased for \$25.
- F. Additional regatta shirt can be purchased for \$25.
- G. Payments can be made by check or cash during check-in. Online payments can be made during registration.

## 7. SCHEDULE

1200-1900 Friday, 1/27/2023

Competitors may store their boats on the club docks.  
Competitors may conduct practice sails on the water.

Pre-regatta get together at DLF member's home

- food and adult beverages
- warm therapy pool; bring a bathing suit and towel
- starting at 1800

0800 - 0930 Saturday, 1/28/2023

Breakfast at the main clubhouse.  
Skippers Check-in.

0930

Skippers Meeting

1030

Start of the first race.

At the discretion of the race committee, competition will return to the main clubhouse for lunch.

Racing will continue after lunch.

1800

Dinner will be served after racing when practical.

No Racing shall start after 1700 Saturday.

0800 - 0930 Sunday, 1/29/2023

Breakfast at the main clubhouse.

1000

Start of the first race.

1200 or as soon as possible after racing  
Awards Presentation

No racing shall start after 1200 Sunday.

8. VENUE

- A. The racing area will be on the waters of White Rock Lake in Dallas, TX.

9. CLASS FLAGS

- A. Class flags are as follows:
  - ILCA-7            Numeral Pennant 1
  - ILCA-6            Numeral Pennant 2
  - ILCA-4            Numeral Pennant 3

10. COURSES

- A. The courses to be sailed are either Windward/Leeward or Olympic.
- B. A Windward/Leeward course will be posted on the signal boat with "W" and numeral course modifier. The number is the number of legs for the course. For Example, W4 course will round the windward marks twice and finish downwind between a signal boat and nearby mark.
- C. An Olympic courses will be posted on the signal boat with an O.
- D. Olympic courses shall have two reaching legs and a jib mark. There will not be an offset mark at the windward mark.
- E. The start class number will appear above the course posted.
- F. The start class number will be the pennant number assigned as class flag.
- G. See Appendix A for course examples

11. MARKS

- A. Large round red balls will be used for course marks as well as pins for the start and finish line.
- B. A small white ball will be used if there is an offset mark at the windward mark.
- C. Should there be a course change, a round red ball with a black band will be used as the new mark.

12. THE START

- A. Races will be started using RRS 26
- B. The starting line is between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.
- C. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- D. If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1(a).
- E. A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

13. CHANGE OF THE NEXT LEG OF THE COURSE

- A. To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

#### 14. THE FINISH

- A. The finishing line is between a staff displaying a blue flag on the signal boat at the starboard end and nearby mark should the boats be finishing at the windward mark.
- B. The finishing line is between a staff displaying a blue flag on the signal boat at the port end and nearby mark should the boats be finishing at the leeward mark.

#### 15. TIME LIMITS

- A. Boats failing to finish within 30 minutes after the first boat in their division sails the course and finishes will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the last boat that finished within the 30 minute limit. This changes RRS 35, A5.1, A5.2 and A10.

#### 16. PROTEST HEARING REQUESTS

- A. Protest must be made no later than 30 mins after the race committee signal boat has dock at the end of the day's racing.
- B. Notice of time of docking will be posted to the official notice board.
- C. Protest forms can be procured from the race committee.
- D. Hearings will be announced as soon as practical no more than 30 mins after the submission of protest requests is due.

#### 17. SCORING

- A. Low Point Scoring Appendix A will apply.
- B. Three (3) races will constitute a regatta.
- C. When fewer than five (5) races have been completed, a boat's series score will be the total of her race scores. When six (6) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

#### 18. HOUSING

- A. Dallas Fleet members are willing to host housing for competitors on a first come first serve basis. Contact [regatta@dallaslaserfleet.org](mailto:regatta@dallaslaserfleet.org) to make a request for housing.

#### 19. RISK STATEMENT

- A. RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks.

#### 20. [DP] SUPPORT TEAMS

- A. Team leaders, coaches and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

#### 21. PRIZES

- A. Prizes will be awarded to at least the first through third place finishers in the ILCA 7 class.
- B. Prizes will be awarded to at least the first finishers in the ILCA 6 and ILCA 4 classes.

# Appendix A

## Course Examples

